

# Mission Statement

## The Faith Community Nursing Ministry

is a concrete expression of being a compassionate and transforming heal-ing presence within our communities. This ministry builds alliances between two healing entities - the medical community and the faith community. Faith Community Nurses focus on the intentional care of the mind, the body and the spirit. They promote holistic health and the prevention or management of illness. They also promote the fullness of life that God intends for each individual.



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For information on how to become a Faith Community Nurse or to join the Saint Alphonsus Faith Community Nurse Program, contact:

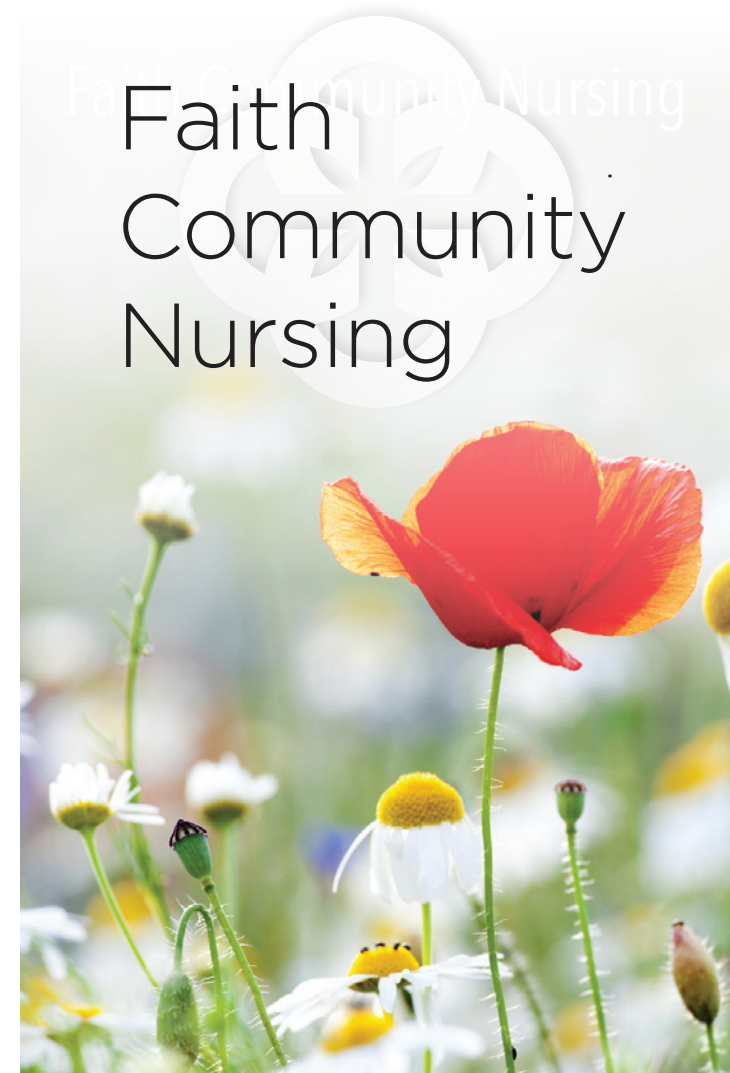
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Saint Alphonsus Regional Medical Center partners with churches of all faith traditions in building and sustaining a Faith Community Nurse Program that helps to meet the emotional, physical and spiritual needs of congregational members.



FAITH COMMUNITY NURSING

# MIND • BODY • SPIRIT



## What is a Faith Community Nurse?

Faith Community Nursing is a specialized practice of professional nursing that focuses on the care of the spirit and the promotion of holistic health within the context of a faith community, such as a church, congregation, parish, synagogue, temple, mosque, or faith-based community agency.

A Faith Community Nurse is a registered nurse with an intentional focus on spiritual health, who primarily uses interventions of education, counseling, prayer, presence, active listening, advocacy, and referral.

Guided by the Scope and Standards of Faith Community Nursing, these nurses serve in communities that are diverse in denomination, size, race and ethnicity.

A faith community nurse collaborates with church leaders and other members of the health ministry. Specific services of the faith community nurse may include:

- Integrator of faith and health
- Health educator and counselor
- Referral advisor
- Community liaison
- Patient advocate
- Coordinator of volunteers and / or facilitator of support groups.

## Health Educator

- Facilitates understanding of health and spirituality.
- Trains volunteers to extend health activities to all church members
- Gives group presentations
- Leads wellness activities

## Health Counselor

- Offers attention to individuals and families regarding health concerns
- Provides grief support

## Advocate

- Helps clients to access the appropriate healthcare and community resources.
- Supports members in positive lifestyle changes.

## Bridging the Gap

The Saint Alphonsus Faith Community Nurse Ministry is a liaison between hospital, church and community.



**Saint Alphonsus**

FAITH  
COMMUNITY  
NURSING

## Education and Services

### Provided may include:

- Exercise
- Weight Management
- Bereavement
- CPR or First Aid
- Health and Safety
- Health Wellness Fairs
- Stress Management
- Healthy Aging / Living
- Parenting and Childbirth
- End-of-Life Issues — Planning Your Wishes
- Screening Clinics

